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Sussex Cyclists' Association 1925-2021

PRESIDENT – Bob Harber, Brighton Excelsior CC

Open 15 miles Time Trial, Saturday 12th June 2021 - Course G15/92
Incorporating Sussex Individual, Veterans and Team Championships

Event Secretary: Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT
(Brighton Mitre CC). Email: mr_rjohnson@outlook.com

Tel: 01403 783368 or 07733 132043

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

HQ

Ashington Community Centre

Foster Lane,
Ashington
West Sussex

RH20 3PG

Open from 06:00



Parking available at HQ, then use surrounding roads considerably .

TOILETS open. Hall not open.

Numbers at HQ only. :After:Return your number and sign out.

HQ to start: 2.2 miles

Finish to HQ 3.6

To return to the HQ

Turn right at Wiston Crossroads on the A283

Route to start: Left out of car park; left into Church Lane; right on London Road, straight over roundabout;
1st right to join A24 south to Washington roundabout where left for 150 yards to start.

Event Records

Men:	00:30:56	Simon McNamara	2020
Womern:	00:35:51	Joscelin Lowden	2017
Vets.:	00:30:56	Simon McNamara	2020
Tandem:	00:37:05	Jon Frost/David Abbott	2016

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PAST WINNERS:

2015	Dominic Maxwell	00:35:37
2016	Pat Wright	00:31:52
2017	Mark Smith	00:31:16
2018	Simon McNamara	00:32:02
2019	Nik Allen	00:32:14
2020	Simon McNamara	00:30:56
2021		

VERY GRATEFUL THANKS TO ALL ENTRANTS.

LAST YEAR WE HAD A RECORD ENTRY OF 72 RIDERS WHEN THERE WAS NO ROAD RACING,
THIS YEAR DOWN 13.

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

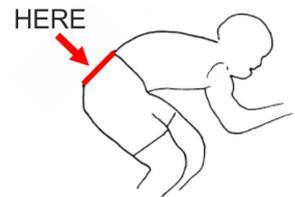
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

PLEASE REMEMBER TO SIGN OUT AFTER YOU HAVE FINISHED.....

COMPETITORS' MACHINES: it is a regulation that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

No light = no start.

Open 15 miles Time Trial, Saturday 12th June 2021
Course G15/92

TIMEKEEPERS:

Start: Paul Tunnell Addiscombe CC
Finish: Kathleen Collard-Berry ...a3crg

Prizes

1 st Man	£40	1 st Veteran (40-44)	£15
2 nd Man	£30	1 st Veteran (45-49)	£15
3 rd Man	£25	1 st Veteran (50-54)	£15
4 th Man	£20	1 st Veteran (55-59)	£15
1 st Woman	£40	1 st Veteran (60-64)	£15
2 nd Woman	£30	1 st Veteran (65-69)	£15
1 st Team of 3	£20 each	1 st Veteran (70-74)	£15
		1 st Veteran (80-84))	£15
1 st Road bike		1 st Veteran on CTT target time	£30
£15		2 nd Veteran on CTT target time	
		£20	

As a Championship event, this race includes a selection of Trophies, Cups and Medals to be awarded to

riders in Sussex C.A. affiliated clubs in various categories:

First Man	Championship Cup for a year, plus Sussex C.A. medal
1 st Woman	Sussex C.A. medal
1 st Team	Sussex C.A. medal
1 st Veteran	Sussex C.A. medal
1 st Veteran on CTT Target Time	Sussex C.A. medal

Cups and medals to be presented at the annual Sussex Cyclists' Association prize presentation.

PLEASE NOTE

Prize Presentation

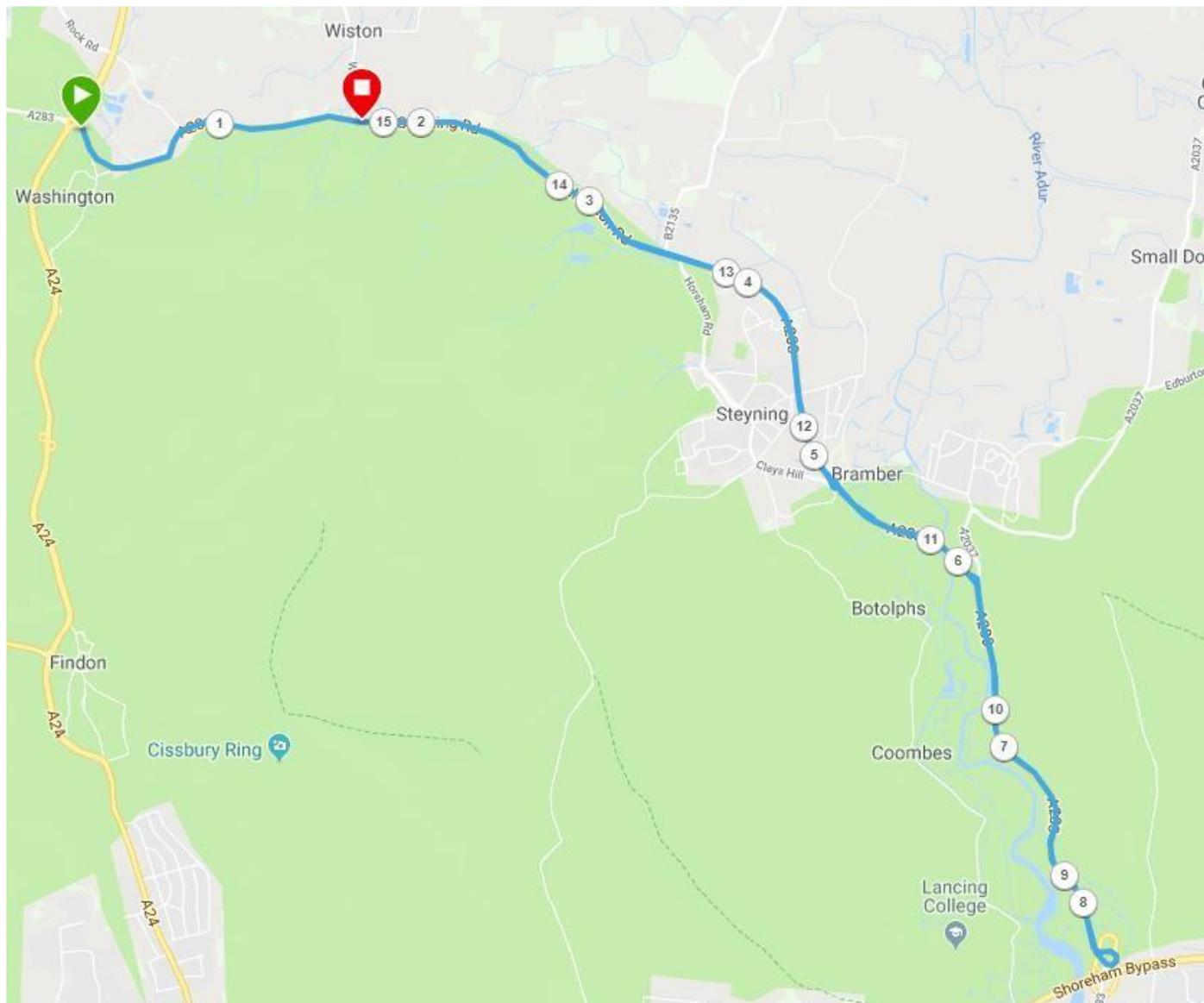
Not this year, prizes to be sent to bank a/c's.

Lottery Prizes

Not this year.

Open 15 miles Time Trial Saturday 12th June 2021

Course G15/92



Elevation

442 ft

Elevation Gain

464 ft

Elevation Loss



OS REF	COURSE DIRECTIONS - G15/92	DISTANCES	
TQ121133	START in Sandhill Lane, Washington, West Sussex, south-east of Washington roundabout, 5 yards north of A283.	0.00	0.00
TQ144134	Join A283 and go via Steyning by-pass, Bramber Castle and Beeding Court roundabouts to Adur Bridge roundabout, Shoreham-by-sea, below A27.	8.42	8.42
TQ207066	Where turn and retrace on A283 via Beeding Court and Bramber Castle roundabouts and the Steyning by-pass to finish at western end of bus lay-by, just east of Wiston crossroads, 1.6 miles east of Washington roundabout.	6.58	15.00

ORDER OF START:	
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No.	Start Time	Firstname	Lastname	Club	Gender		
TANDEM "15":							
1	07:02:00	Mark	Jones	GS Stella	Male		
1	07:02:00	Tony	Reeves	GS Stella	Male		
SOLO "15"							
No.	start_	firstname	lastname	club	gender	Categ.	age
4	07:04:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	73
5	07:05:00	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	58
6	07:06:00	Carl	Richardson	trainSharp	Male	Veteran	57
7	07:07:00	Andrew	Lock	Worthing Excelsior CC	Male	Veteran	54
8	07:08:00	Brian	Jones	Morden CRC	Male	Veteran	70
9	07:09:00	Alan	Robinson	Central Sussex CC	Male	Veteran	80
10	07:10:00	Stuart	Bettis	HuntBikeWheels.com	Male	Senior	36
11	07:11:00	John	McGrath	Worthing Excelsior CC South Downs Bikes / Casco	Male	Veteran	57
12	07:12:00	Martin	Booker	Pet	Male	Veteran	52
13	07:13:00	Peter	Madarasz	Brighton Triathlon Club	Male	Veteran	40
14	07:14:00	Stuart	Payne	Central Sussex CC	Male	Veteran	58

15	07:15:00	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	57
16	07:16:00	Simon	Steeles	Worthing Excelsior CC	Male	Veteran	50
17	07:17:00	Steven	Woodbridge	GS Stella	Male	Veteran	45
18	07:18:00	Mike	Marchant	Southdown Velo	Male	Veteran	64
19	07:19:00	Tracey	Williams	Brighton Excelsior CC	Female	Veteran	52
20	07:20:00	Steven	Kane	Team TMC	Male	Senior	32
21	07:21:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	52
22	07:22:00	Dylan	Coyne	Balcombe Cycle Club	Male	Veteran	48
23	07:23:00	Christian	Yates	East Grinstead CC	Male	Veteran	58
24	07:24:00	Jack	Smith	Brighton Mitre CC	Male	Senior	29
25	07:25:00	Nik	Allen	Team TMC	Male	Veteran	49
26	07:26:00	Neil	Crowther	Blazing Saddles	Male	Veteran	48
27	07:27:00	Martin	Gibbs	Team TMC	Male	Senior	35
28	07:28:00	Steve	Skinner	Bognor Regis CC	Male	Veteran	66
29	07:29:00	Grace	Davies	Project 51	Female	Junior	17
30	07:30:00	Howard	Bayley	Blazing Saddles	Male	Veteran	46
31	07:31:00	Kevin	Plummer	Team TMC	Male	Veteran	55
32	07:32:00	Chris	Beales	Pearson Cycling Club	Male	Veteran	59
33	07:33:00	Martin	Tickner	Horsham Cycling	Male	Senior	39
34	07:34:00	Mark	Vowells (Tricycle)	San Fairy Ann CC Ltd Maison du Velo / In-Gear Cycles	Male	Veteran	68
35	07:35:00	David	Pollard	Cycles	Male	Veteran	64
36	07:36:00	Jason	Hunter	Pearson Cycling Club	Male	Veteran	57
37	07:37:00	Peter	Noble	Epsom CC	Male	Veteran	54
38	07:38:00	John	McDonald	trainSharp	Male	Veteran	56
39	07:39:00	Philip	Headen	East Surrey RC	Male	Veteran	74
40	07:40:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	44
41	07:41:00	Sam	Dix	trainSharp	Male	Veteran	50
42	07:42:00	Paul	Atkinson	Velo Club St Raphael	Male	Veteran	51
43	07:43:00	Karen	McGrath	Worthing Excelsior CC Metropolitan Police Cycle Club	Female	Veteran	59
44	07:44:00	Nick	Mann	Club	Male	Veteran	59
45	07:45:00	Paul	Newsome	Project 51	Male	Senior	33
46	07:46:00	Darren	Haynes	Lewes Wanderers CC	Male	Veteran	50
47	07:47:00	David	Crowcombe	South Western Road Club	Male	Veteran	57
48	07:48:00	Bethan	Male	Brighton Triathlon Club	Female	Senior	30
49	07:49:00	Danny	Halpin	Bristol CX	Male	Veteran	47
50	07:50:00	Kevin	Nelson	Crawley Wheelers	Male	Senior	32
51	07:51:00	Alex	Pearson	Woolwich CC	Male	Veteran	45
52	07:52:00	Spencer	Kirkham	Worthing Excelsior CC	Male	Veteran	53
53	07:53:00	Nigel	Langridge	Crawley Wheelers	Male	Veteran	56
54	07:54:00	Simon	Craig-McFeely	...a3crg	Male	Veteran	62
55	07:55:00	Chris	Holmes	Twickenham CC	Male	Veteran	45
56	07:56:00	Nolan	Heather	Worthing Excelsior CC	Male	Veteran	45

57	07:57:00	Nick	Elson	Woolwich CC	Male	Senior	38
58	07:58:00	Mike	Boyce	...a3crg	Male	Veteran	65
59	07:59:00	Matt	Bristow	VC Deal	Male	Veteran	50
60	08:00:00	Matthew	Smith	Team TMC	Male	Senior	37

CTT COVID-19 INSTRUCTIONS:

- 1) **Do not attend if you/your family members feel ill.**
- 2) **Park with social distancing in mind; car park, grass areas, adjacent roads available.**
- 3) **HQ not open other than for toilets; 1 in 1 out.**
- 4) **Bring your own pen to sign on outside HQ and, if needed, safety pins**
- 5) **Take with you a compulsory working rear light, a spare tyre/tub and a mobile phone.**
- 6) **Please note you have to make your own way back in event of trouble – no collections offered.**
- 7) **No more than 5 riders, 2m apart, to wait at the start.**
- 8) **No changing facilities at the HQ.**
- 9) **No items to be left at the start or with the timekeeper.**
- 10) **No push-off.**
- 11) **After racing, leave your number in the bowl of disinfected water and sign out.**
- 12) **No social, no drinks, no food and no prize presentation – sorry!**
- 13) **No result board – times will be on CTT site asap.**
- 14) **Please leave the car park in a timely fashion.**
- 15) **Any groups, socially distanced, to be each no more than 6 people in vicinity of HQ.**

In the interests of rider safety and in addition to the compulsory rear light required under regulation 14 (i), the advisory use of suitable hard shell helmets in competition for competitors over 18 years of age, London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.